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| **S:\School Office\newest carr mill logo.jpgS:\School Office\newest carr mill logo.jpgPSHE Long Term Plan**  |
| **Phase** | **Autumn** | **Spring** | **Summer**  |
|  | **1** | **2** | **1** | **2** | **1** | **2** |
| **KS1** | **A** | **Ready, respect, safe** | **Friendship Week** | **Relationships** | **Healthy Lifestyles** |
| B | **Ready, respect, safe** | **Friendship Week** | **Science Unit: My Incredible Body ( inc PSHE Growing and changing/ Healthy Lifestyles** | **Being me and Keeping safe** | **Money and Jobs** |
| **LKS2** | **A** | **Ready, respect, safe** | **Friendship Week** | **Relationships** | **Healthy lifestyles** |
| B | **Ready, respect, safe** | **Science Keeping my body strong and healthy inc Physical health and fitness**  | **Friendship Week** | **Keeping safe** | **Food chains and digestion**Animals inc humans Y4In Health and prevention- oral hygeine | **Aspirations and money** |
| **UKS2** | **A** | **Ready, respect, safe** | **Friendship Week**  | **Relationships** | **Y6 Optional Sex Education** |
| **Looking after me** | **Being a responsible citizen** |
| B | **Ready, respect, safe** | **Friendship Week** | **The heart and how to keep it healthy**Animals inc humans Y6 | **Mental wellbeing**  | **Y6 Optional Sex Education****Money and Careers** |
| **Key**  | **Health and well being** | **Living in the wider world** | **Relationships****Not covered by paths** | **Money and careers** |